

Milcreek Children's Center

October Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

			1 French Toast Sticks (4 oz) Go-Gurt (2 oz) 1/4 c Strawberries 1/4 c Sweet Potatoes	2 Chicken Nuggets (4oz) 1/4 c Carrots w/ Ranch 1/4 c Mixed Fruit Roll
5 Sloppy Joes (2 oz beef, 2 oz bun) 1/4 c Peas 1/4 c Pineapple	6 Sunbutter and Jelly Sandwich (1 oz sunbutter, 1 oz jelly) 1/4 c Cucumber 1/4 c Cheese Cubes	7 Cheese Pizza (2 oz cheese, 2 oz sauce) 1/4 c Carrots w/ Ranch 1/4 c Pears	8 Pasta and Meatballs (3oz pasta, 1 oz meatball) 1/4 c Green Beans 1/4 c Apples Roll	9 CLOSED
12 Macaroni & Cheese (3 oz) 1/4 c Cucumbers 1/4 c Grapes Roll	13 Turkey Sandwich (2 oz turkey, 2 oz bread) 1/4 c Broccoli 1/4 c Peaches	14 Mini Corn Dogs (3 oz) 1/4 c Peas 1/4 c Oranges Roll	15 Cheese Pizza (2 oz cheese, 2 oz sauce) 1/4 c Green Beans 1/4 c Pears	16 Chicken Nuggets (4oz) 1/4 c Carrots w/ Ranch 1/4 c Mixed Fruit Roll
19 Shredded BBQ Chicken (3 oz) 1/4 c Peas 1/4 c Grapes Roll	20 French Toast Sticks (4oz) Go-Gurt (2 oz) 1/4 c Strawberries 1/4 c Sweet Potatoes	21 Pasta and Meatballs (3oz pasta, 1 oz meatball) 1/4 c Green Beans 1/4 c Apples Roll	22 Sunbutter and Jelly Sandwich (1 oz sunbutter, 1 oz jelly) 1/4 c Cucumber 1/4 c Cheese Cubes	23 Chicken Nuggets (4oz) 1/4 c Carrots w/ Ranch 1/4 c Mixed Fruit Roll
26 Cheese Pizza (2 oz cheese, 2 oz sauce) 1/4 c Green Beans 1/4 c Pears	27 Mini Corn Dogs (3 oz) 1/4 c Broccoli 1/4 c Oranges Roll	28 Pierogies w/ Butter Turkey Sausage (3oz) 1/4 c Peas & Carrots 1/4 c Grapes Roll	29 Turkey Sandwich (2 oz turkey, 2 oz bread) 1/4 c Broccoli 1/4 c Peaches	30 Chicken Nuggets (4oz) 1/4 c Carrots w/ Ranch 1/4 c Mixed Fruit Roll